

LENTEN GIVING CALENDAR

For more information, go to: www.caritasbrentwood.org/resource/lent



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
16 February 2026	17 Tinned Soup	18 Jam/Marmalade	19 Coffee Sachets	20 Toothbrush/paste	21 Rice Pudding	22 Beef Jerky
23 Cereal Bars	24 Instant Mash	25 Sanitary Products	26 Tinned Fruit	27 Cordial / Squash	28 Socks	1 March Cereal
2 Body Wash	3 Baked Beans	4 UHT Milk	5 Sugar	6 Custard	7 Deodorant	8 Tea Bags
9 Crackers	10 Travel Wash	11 Toilet Roll	12 Tinned Meat/Fish	13 Instant Noodles	14 Biscuits	15 Wet Wipes
16 Bar of Soap	17 Pasta Sauce	18 Instant Rice	19 Pasta	20 Chocolate Spread	21 Tinned Vegetables	22 Easter Egg
23	24	25 It's time to donate your collected items	26	27	28	29 Palm Sunday
Please pray for all those receiving your donation			2 Maundy Thursday	3 Good Friday	4 Holy Saturday	5 Easter Sunday

Caritas Diocese of Brentwood warmly invites everyone across Essex and East London to participate in the 2026 Lenten Giving Calendar.

Throughout Lent, you are encouraged to collect essential items for those most in need.

Donations can be made to local charities, foodbanks, or homeless shelters in time for Holy Week.



Lord, may we draw closer to you through our praying, fasting, and giving during this season of Lent, opening our hearts to Your love and preparing me for the joy of Your resurrection.